Smoking at University Apartments

Some residents are surprised to learn that smoking is allowed in some parts of University Apartments. Smoking is permitted 25 feet away from buildings, and we also have some buildings where smoking is allowed inside of the individual apartments.

As the weather cools off, we like to remind people to be sure that they are 25 feet from buildings to smoke. In the spirit of the policy, we also ask residents to consider that although you may be 25 feet away from the building, wind could still blow the smoke in and impact your neighbors, so try to position yourself in a way to minimize impact. In all buildings, even those where smoking is permitted in individual apartments, smoking is never allowed in common areas such as hallways, stairwells, and laundry rooms.

Smoking policies apply to visitors or guests as well, so we ask you to please remind them. It is much less awkward to remind your guests than to have a complaint made by your neighbors.

If you are a neighbor who is concerned about someone smoking inside of or too close to the building, we ask you to please talk to them directly. We believe that in a strong community like University Apartments, people should be able to share their concerns with their neighbors. We also believe that most people want to be good neighbors, and are unaware that they may be negatively impacting others.

If you do not know how to speak to your neighbors about your concerns, or you have spoken to them and the behavior has not changed, our resident support services staff is here to help. You can contact the Resident Manager for your neighborhood, or contact the Community Center to be put in touch with one of our resident support team members.

Election Day is November 8—Vote at Community Center

On Election Day, November 8, the Wiscard Office will be present at the University Apartments Community Center and available to print ID cards for students, faculty, and staff that meet the requirements for serving as your Voter ID. We encourage you to take advantage of this opportunity. They will be onsite beginning at 7:00am until 8:00pm, so be sure to come early, get your Voter ID, and cast your vote. In addition to the positions of President/Vice President, there are a number of important candidates and issues on the ballot.

If you want to know who will be on your ballot in November, please visit: https://myvote.wi.gov/en-US/PreviewMyBallot, enter your address, and it will give you a preview of your specific ballot. For additional information on voting, please visit http://vote.wisc.edu.
Nature: Right Out Our Back Door
An Eagle’s Wing Feature

The Eagle’s Wing children have been so fortunate to be exploring nature where-ever we go. As we finish harvesting in our Peace Garden and as we get it ready for it’s winter nap, we’re finding all sorts of autumn creatures. One day the 4K children found a toad on our playground. They put the toad in the bucket and watched it hop around for a while. With teachers Vanessa and Kristin, they talked about what it might like to eat. And of course, they practiced using their gentle touches with our friend toad.

Our Niiji Teacher Chuquan found lots of Wooly Bear caterpillars while on a walk. The HaNeul classroom did a little research and found that first they freeze in winter and then form a cocoon in spring. They’ve created a lovely habitat for them and will spend time observing and learning more about them. Plans are being made for them to winter in the playground shed so that this can be a long-term observational study.

A lovely fall day in Wisconsin provides us with so many learning opportunities!

Making Your Car Winter Ready

As the weather cools Mother Nature is reminding us that winter is coming, and that means snow. Before the cold, ice, and snow we should make sure our vehicles are prepared for the winter season. Here are a few tips to ensure you and your vehicle can be ready.

1. Put a winter supply box in your vehicle. This is the best thing you can do for your car and your own personal safety. Having a box full of supplies in your vehicle can make all the difference when something goes wrong while on the road. Consider having a bag or box in your trunk that contains; blankets, hats, gloves, coats, a flashlight, ice scraper/snow broom, and if possible a small shovel.

2. Check, or have checked, your coolant and antifreeze levels. Antifreeze is that substance that keeps your engine from freezing when it is freezing outside. Review your owner’s manual or go to an auto supply store for more information on how to do this.

3. Check your tire tread and pressure. Good tires are the key to staying on the road and safe in bad weather. Make sure your tires are properly and evenly pressured, your owner’s manual should tell you the proper pressure to maintain. To check the tread on your tires do the “Lincoln Test” by inserting a penny, with the top of Lincoln’s head down, into the tread on your tire. If you can see all of Lincoln’s head it may be time to replace your tires, especially before the first snow/ice fall.

4. Keep your wiper fluid full. Making sure you have a full wiper fluid reservoir is important when driving in the winter. Consider using a “winter” fluid made especially for the winter months.

With these few, do-it-yourself tips, you and those you travel with will be better prepared for the fun but frigid Wisconsin Winter.

Stay Grounded with the Grounds Department

Property/Storage Property
All property must be in storage as of October 1st so staff can remove leaves and snow. Also, toys must be removed from sandboxes daily.

Hallways/Fire Escapes/Doors
All hallways and fire rescue platforms must be clear of any property. This is a City of Madison fire code. Make sure all doors in your apartments are clear so you can get out in case of a fire. Heating season is here so please be careful with space heaters.

Parking
Paid parking stalls are getting full. If you have a car you are not using parked in one, it would be helpful to others if you could park it in Lot Z.

Leaves Removal
Leaves will be blown out of parking lots in October and November. If you could please park your vehicles back a foot or two it would help us to be able to blow out the leaves along the curb.

Cardboard and Dumpsters
Please place cardboard in dumpsters. If dumpsters are full you can put it in a dumpster by another apartment.
The introduction of Lucia Ruth Valdez is with a warm felt thank you. Lucia has been a valuable addition to our staff since 2005. Before Eagle’s Wing, she was a social worker and teacher in Ecuador. Lucia enjoys working with children and their families in Azhar Room, which serves our very youngest children.

Lucia married at the age of 14. She worked at home for several years and received her degree in social work. When Lucia was not raising her five children that range in age from 21-27 - and now eight grandchildren- she loves to dance. She has danced with a professional group for several years in Ecuador and taught her children how to dance too. Lucia likes to watch action and science fiction movies. She likes to make crafts out of recycled materials and spend time with her grandchildren.

When her family moved to the U.S. in 2000, they initially settled in Pittsburgh where she focused on learning English. In 2004 she started working for UW Housing while her husband teaches at the University. Her oldest child is a chef. The youngest is studying psychology. Her newest addition to her family is a handsome seven-month old grandson.

Lucia states that the staff at Eagle’s Wing tries to make the environment for the babies as close to a home environment as possible. She really appreciates working with the babies.

Graduate Student Offering Free Therapy Sessions

Dear Eagle Heights Residents,

My name is Katy Cao and my Chinese name is Qiuchang Cao. I am an intern in Madison Mental Health Services (MMHS) and I am supervised by James Mcgloin, a licensed clinical social worker and psychologist. I am currently a second year Master’s student in the school of social work in UW-Madison.

My focus area is in mental health and I provide free counseling services on various topics including stress management, family transitions, personal development, acclimating to a new environment, and depression and anxiety. If you or your family members are looking for someone to talk to, process stress you are facing, thinking of learning better ways of coping or you are struggling with mental health, or relationship problems you might be able to benefit from my service.

Services are free and I am working to gain more experiences and earn credits for my Master’s program. I plan to work in the Eagle Height’s Community Center at a fixed time every week until May 2017. I am from China and I provide counseling services in both Mandarin and English. If you are interested in learning more about the services I provide, please email me at qcao33@wisc.edu or you can call me at 608-535-1163 on weekdays from 8:00 a.m. - 6:00 p.m.

Aminah Haneef Joins University Apartments Office Staff

My name is Aminah Haneef, and I am one of the new front office staff members for the University Apartments Community Center. You may know me in my previous role as a Recreation Leader in the Programming office, a position I happily served in for 4 years. I’ve thoroughly enjoyed meeting residents and sharing community experiences, a tradition I look forward to continuing in the front office with an amazing team!

In addition to my work, my greatest joy is the treasure of my family. I’ve been married to my soulmate for 23 years and we have 5 incredible blessings in our children. I love our family game and movie nights-my kiddos are still trying to take me down in Boggle and Pictionary. I hate to be a dream crusher, but it’s not going to happen. We also enjoy picnics in the park (Devil’s Lake is our favorite), family vacations and any time we have together. Our next adventure will be to the new Smithsonian in Washington, D.C. We are beyond excited.

My favorite alone time is reading, a childhood habit that’s stayed with me. You can never have too many stories to explore. I also enjoy home DIY projects and crafting (though my husband wishes I would stop watching HGTV-saving his wallet from Home Depot/Michael’s and our home from constant reorganizing). Being from New Orleans, LA, I am an original southern girl whose heart is in the kitchen, cooking, baking and enjoying the love of food. I’m biased, but we do have the best.

I enjoy meeting people! Please feel free to stop by the Community Center to say hello. We’re always happy to help!
### BUG OF THE MONTH: Box Elder Bugs

Boxelder bugs, a true bug from the insect family Rhopalidae, are commonly found both outside and inside homes during the fall through early spring. Boxelder bugs are about 3/4 of an inch long, and black in color with three red lines on the thorax and red lines on the wing margins.

During the summer, they feed on leaves, flowers, and seedpods of boxelders and silver maples, minor damage to the trees. Although completely harmless to humans, these bugs can be nuisances and occasionally their waste can stain.

#### Life Cycle

Adult boxelder bugs lay eggs on trees in the spring. Nymphs emerge in 11 to 14 days and begin feeding on trees. Nymphs resemble adults, but are smaller and have more red on their bodies. Nymphs develop into adults during the summer, and lay eggs of a second generation of boxelder bugs that is active in August and September.

Boxelder bugs become a nuisance when second generation bugs congregate on the outsides of homes on sunny days in September and October. Boxelder bugs then move indoors to find a protected place to overwinter. They remain in attics and wall voids until the spring when the bugs move back outdoors. Although boxelder bugs do not breed indoors, some may be active on sunny days in the winter.

Populations of boxelder bugs are highest after dry spells. Wet weather promotes a fungal disease that is an important for population control.

#### Control

Because boxelder bugs are not harmful, methods of control are a personal preference. Sealing all windows and doors, and repairing window and door screens will prevent bugs from entering a home. You can also vacuum the bugs up with a hose attachment, it is important to remember to dispose of the vacuum bag contents immediately or bugs can crawl out. If you decide you would like to spray for control, one home remedy is to use a 3-4% mix of water and dish soap that can be sprayed directly on the insects. Remember however that soaps may not always kill on contact. You can also spray the outside perimeter of your sun exposed walls where the bugs congregate.

If you choose to use an over the counter insecticide, it is important to remember that some insecticides are ineffective at cool temperatures, but insecticidal soap or sprays containing permethrin, cyfluthrin or esfenvalerate are effective.

**Information compiled by Mario Barcena. Asst. Director of Facilities Custodial Services, Supervisor and Pest Control Coordinator. Information extracted from UW extension website**

### Getting Ready for the Cold

#### From Our Mechanics

Every fall and winter, our mechanics are called to apartments because residents feel too cold. Here are some tips that address some common problems they find when they respond to a call about cold. Some will seem obvious for people used to living in a cold climate such as Wisconsin, but many of these will be new for arrivals from warmer places, or places with different heating systems.

#### Keep Your Windows Closed at All Times in the Cold

Many residents come from climates where windows are always kept partially or completely open for fresh air. Some countries have heating systems where closed windows are considered dangerous or unhealthy. For our heating systems the windows do not need to be kept open. Actually if your windows are open, even a very small amount, it will be hard to keep your home comfortable for you and it is not safe for the building water pipes. (In extreme cold, water pipes can freeze and burst open, causing considerable damage.)

#### Air Conditioners Must be Removed from the Wall

Uncovered air conditioner “sleeves” in the wall do not provide any protection from the cold. Just as with open windows, it is impossible to keep your apartment warm unless the air conditioner is removed, and the covering replaced in the wall. If you had Apartments staff install your air conditioner, removal is included in the fee you already paid. If you installed the air conditioner yourself, Apartments Staff will remove it and close up the opening for $15 (added to your Housing account). If you prefer to do the work yourself, you just need to remove the air conditioner unit, insulate the opening, and then replace the cover. If you no longer have the insulation that was in the sleeve when you moved in, Styrofoam or “batting” material can be purchased at a hardware store.

#### Keep Furniture Away from the Walls

Our heating systems are radiant (i.e. they heat objects, not air as a conventional furnace). Therefore, furniture must not be obstructing your convectors (for example if your bed is obstructing your bedroom convectors, your room will be cold as the convector will be heating up the bed frame). Usually keeping furniture or other items 3-4 inches away from the convectors is sufficient.

#### You Will Need to Wear Socks, and Keep Your Legs and Arms Covered Even When You Are Indoors

Many residents don’t think about needing to change their indoor clothing style in the winter, but it is essential. Even with your apartment at a warm temperature, you will probably not feel comfortable unless your feet, legs, and arms are covered. It takes some getting used to, if you are not accustomed to having to bundle up indoors!
EVENTS THIS MONTH

You can sign-up for our events on our website located at www.housing.wisc.edu/apartments-resident-news. Please follow the instructions on the page to sign-up.

Kids Night Out
Friday, November 4, 6:00-8:45 p.m., Community Center—Large Gym
Parents, register your children for a Friday evening of kid friendly fun! They will enjoy crafts, sporting games, activities, and a special snack. Also a great opportunity for adult fun, down time or a few hours out with friends. This event is sponsored by the Campus Women’s Center and is for children 3-10 years of age (pre and elementary school ages only please). Spaces are limited and fill quickly. Registration is required.

General/Presidential Election
Tuesday, November 8, 7:00 a.m.-8:00 p.m., Community Center—Large Gym
Voting for the 2016 Wisconsin State and Presidential Election will take place at the University Apartments Community Center for all Eagle Heights and University Houses residents. Residents of Harvey Street will vote at Hoyt Elementary School, located at 3802 Regent St. This election, all voters will need a valid identification card (ID) to receive a ballot to vote. Acceptable forms of identification include a valid driver’s license, Wisconsin state ID, U.S. passport, U.S. Uniformed Services card, Veterans Affairs ID, tribal ID or Certificate of Naturalization. Though your current WISC card does not count as a valid ID, the WISC Card Office will be present at the University Apartments Community Center and available to print ID cards for students, faculty, and staff that meet the requirements for serving as your Voter ID.

Your vote matters! In addition to the Presidential/Vice Presidential ballot, elected offices include: United States Senator, State Congress, State Senator, Assembly Representative, Dane County’s District Attorney, Clerk, Treasurer, Register of Deeds, and the Madison Metropolitan School District Referendum. For complete voter information visit www.vote.wisc.edu.

Adult Soccer
Every Tuesday Evening, 6:00-7:45 p.m., Community Center—Large Gym
Indoor soccer has begun! Join your friends and community neighbors for an evening of futbol fun every Tuesday night at the University Apartments Community Center. All sporting equipment is provided. This is a free activity open to adults. Registration is not required. Note: Due to the election, Adult Soccer is cancelled Tuesday, November 8th. The large gym will be closed for all recreational activity. No registration is required.

Kalahari Resort Indoor Waterpark Trip
Saturday, November 12, 9:00 a.m.-6:00 p.m., Wisconsin Dells, WI, Fee: $38.50 per person
Too cold to swim outdoors? Enjoy a day of indoor waterpark adventures at the Kalahari Resort in WI Dells. With 125,000 square feet water slides and wave pools you can splash/splish all day long. Body board or stand up and surf in the wave pools, kick around in the lazy rivers, experience the thrill of an uphill water roller coaster ride, brave the 60 feet high water slides, stop for a hot soak and total relaxation in the new family hot tub or whirlpool spas and much more! It’s a goodtime getaway that’s fun for all ages. Fee: $38.50 per person. Registration is required.

Thanksgiving—Community Center CLOSED
Thursday, November 24 and Friday, November 25
Private Rentals ONLY
In observance of the Thanksgiving holiday, the University Apartments Community Center will be closed all day and night Thursday, November 24th and Friday, November 25th. All regularly scheduled programs are cancelled for both days. The Community Center office hours and daily programs will resume Saturday, November 26th.

Johnson Creek Outlet Mall Shopping Trip
Friday, November 25, 10:00 a.m.-5:00 p.m., Johnson Creek, WI, Fee: $13.50 per person
Tis the season to go shopping! Join us for Frenzy Friday shopping sales at the Johnson Creek Premium Outlet. Enjoy super savings off brand name men’s, women’s and children’s apparel, home goods, shoes, accessories and more! Explore 60 different stores including Coach, Adidas, Old Navy, The Children’s Place, Gap, Bath & Body Works and The Nike store. Fee: $13.50 per person, children 2 years and younger are free travelling in a parent’s lap. Seating is limited. Registration is required.
COMMUNITY CENTER
OFFICE HOURS:

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<tr>
<th>Day</th>
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<tr>
<td>Monday</td>
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<td>Friday</td>
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CONTACT INFORMATION:

 Rent a Community Center Room
https://housing.ems.wisc.edu

Do you have an upcoming event? The Community Center has space for you! The cost is more affordable than many other locations, and it is easy to find out what space is available, and how much it would cost. If you have a UW NetID, you will sign in with that. If you do not have one, there is no problem! Sign in as a guest!

 Contact the Leasing Office
Leasing@housing.wisc.edu

Do you have a question for Peggy? Do you need to talk to Leasing for any reason? Email first! She will be able to answer your questions, or make an appointment for you. That way, you won’t be disappointed if she is already busy with other residents when you stop by.

Your lease, roommate policies, transfer and termination information, and more can be found on the University Apartments section of the Housing website.
http://www.housing.wisc.edu/apartments.htm

Eagle’s Wing Child Care
EaglesWing@housing.wisc.edu

Do you have questions about child care in the Community Center? We welcome any and all questions, comments and suggestions. Based on the topic, your email will be forwarded to the right person to answer your question. To put your child’s name on a waiting list for Eagle’s Wing and/or other campus child care, you can do so at: www.housing.wisc.edu/EaglesWing

Request Repairs Online

If something in your apartment doesn’t work, let us know right away. Repairs will be made even if you are not at home.

Night, weekend, and holiday repairs are only made in urgent situations. If you put in a repair request as soon as you notice a problem, it may keep the problem from getting worse at a time no mechanic is available.

When you need a non-emergency repair, use the Repair website. Only request one repair on each form. The Repairs webpage also has some instructions on small repairs you can make yourself.

To Contact Resident Managers

A Resident Manager is on-call from 5:30 p.m. to 8 a.m. on weekdays, and 24 hours a day on holidays and weekends. No Resident Manager is on Duty at other times, when the University Apartments Office (in the Community Center) is open.

Due to problems with cell reception (sometimes the Resident Manager on Duty is in a basement) the most efficient and effective way to contact the Resident Manager on Duty is sending a text. Texts or calls should be placed to 608 - 444 - 9308.

CONTACT US:

611 Eagle Heights
Madison, WI 53705-1501
608-262-3407
TTY/TDD: 608-262-6840
universityapartments@housing.wisc.edu

University Apartments
UNIVERSITY OF WISCONSIN-MADISON